



*Salon Lichtental*



Start your day in relaxed fashion with a superb breakfast in the Salon Lichtental.

The Salon Lichtental with its own terrace overlooking the Brenner's Park, offers the opportunity to enjoy breakfast outside. Always with the choice of helping yourself from the extensive buffet or to enjoy a traditional full service breakfast !

## *Hot drinks*

### **Coffee specialties**

Portion of coffee

Cappuccino

Espresso

Milk coffee

Latte Macchiato

double Espresso

### **Green tea**

Green Dragon

Elegant tea from Indian highland plantations with a distinct fine and flowery aroma.

Morgentau

Delicately bitter tea with fine fruity flavour of cornflower and rose

### **Black tea**

Nurbong Darjeeling

Light and lovely tea with a fine and flowery aroma

Jungpana Darjeeling

High quality plant with flowery elegance and a delicious aroma

St. James English Breakfast tea

Pretty dark and typical tea from Ceylon with an excellent bitterness and a sparkling flavour.

Mokalbarie Assam

Extravagant broken tea full of high quality aroma: strong, spicy, malty

Splendid Earl Grey

Darjeeling with a delicious scent surrounded by a precious aroma of bergamot.

### **Herb and fruit tea**

Camomile

Agreeable and calming with its typical softy bitter aroma

Peppermint from Marokko

Peppermint refreshes and relaxes with its natural content of menthol.

Verbena

An unusual tea with its high content of ethereal oils and a fine taste of citron

Fitness

Vitalizing herbal tea with Rooibosh and fresh ingredients of mint and anise

Sport Cup

10 vitamins, calcium and a lot of more highly valuable ingredients for your fitness and well being

Granny's Garden

Fruity and fresh rhubarb composition with the finest sweetness of original Bourbon-Vanilla

### **Portion of hot homemade chocolate**

## *The Brenner's gourmet breakfast*

*You are invited to help yourself at our rich breakfast buffet and enjoy warm egg dishes especially prepared for you "à la minute".*

### **Refreshing drinks and sparkling Specials**

Selters Culinaria and Vittel

Freshly squeezed orange juice, grapefruit juice, passion fruit juice, multivitamin drink, mango juice, cherry juice and tomato juice

Carpe Diem Kombucha

The tea mushroom Kombucha has a metabolism stimulating and a blood cleaning effect.

Fürst von Metternich Riesling Sekt

### **Local fresh milk products**

Fresh milk, buttermilk and kefir

Plain yoghurt, fruit yoghurt, curd cheese and cottage cheese

Please do not hesitate to ask for products free of lactose.

Delicate and mild breakfast cheese

International choice of cheese from our cheese wain

### **Sausage specialties**

Best choice of sausages and ham

Black Forest ham and cooked ham, Parma ham, Fine sliced cold meat, coarse and fine liver sausage, "Rügenwalder" sausage, different kinds of salami.

## **Fish**

Fresh filet from salmon, char and trout as well as salmon and trout smoked with beech smoke

## **Wholemeal products and breakfast cereals**

Rolled oats, Cornflakes, Honey smackers, chocolate muesli, crunchy muesli, Exotic muesli  
Sunflower cores, linseed, grain flakes, wheat bran, pumpkin cores

## **Fruit**

Freshly sliced fruit  
Fruit salad from fresh fruit

## **Rolls, assortment of bread and croissants**

Crunchy rolls, wholemeal bread and toast bread  
Butter croissants and special „Laugen“ croissants  
Finest pastries and yeast cake  
Please do not hesitate to ask for gluten free products.

## **Marmalade, honey and nut-nougat cream**

Fruit marmalade from strawberry, sour cherry, plum, blackberry, apricot and orange  
Diet marmalade from strawberry, cherry and orange  
Forest honey, acacia honey and honey from mountain flowers  
nut-nougat cream.

## **Warm dishes will be prepared „à la minute“for you**

Fried egg, scrambled egg, egg in a glass, land egg as soft as butter  
Plain omelette or omelette with a variety of ingredients of your choice  
Freshly baked pancakes with maple syrup.

## **More warme dishes**

Nürnberger sauteed sausages  
Crunchy breakfast beacon  
Grilled tomatoes

Hotel guests	28.- €
Breakfast guests	30.- €

## *Continental breakfast*

*We are pleased to serve you a continental breakfast.*



Crunchy fresh rolls and a choice of bread  
Butter- und „Laugen“ croissants, toast and finest pastry

Jam and marmalade from a selection of fruits  
Finest bee honey and nut-nougat cream

Please choose your drink:  
Coffee, special teas or homemade hot chocolate

A glass of freshly squeezed juice of your choice

Hotel guests	19.- €
Breakfast guests	25.- €

## Spa Breakfast

A glass of freshly squeezed juice of your choice

Crunchy fresh rolls and a choice of bread  
10g butter or margarine  
Jam, marmalade and finest bee honey  
Slices of fresh fruits  
Or fruit salad with low fat yoghurt (0.1%)



Spa Specialities

Breast of poultry, smoked salmon, boiled ham and/or roastbeef

Hotel guests	22.- €
Breakfast guests	26.- €

## Specialities

*Certainly you are invited to expand your continental breakfast.*

### Selection of land egg meals

Egg in a glass	3,00 €
Egg Benedictine	11,00 €
Fried egg on Riesling bread, gratinated with cheese	7,00 €
Scrambled egg with smoked salmon	9,00 €
Omelette with lobster and truffle	29,00 €
Scrambled egg with truffle	22,00 €

### For a special breakfast

Glass of champagne Alfred Gratien	14,50 €
Potato pancake with smoked salmon	15,00 €
Tournedos with herb mushrooms	20,00 €