BRENNERS MEDICAL CARE
BECAUSE GOOD HEALTH IS OUR MOST PRECIOUS POSSESSION
BRENNERS SPA – A TREAT FOR ALL YOUR SENSES IN AN OASIS OF REST AND RELAXATION
The Villa Stéphanie, a luxurious destination spa in the internationally award-winning Brenners Park-Hotel & Spa, concentrates its focus on four distinct areas: Beauty Services, Detox & Nutrition, Emotional Balance and Medical Care.

The adjoining building, Haus Julius, is home to some of Germany’s foremost experts in the fields of aesthetics, gynaecology and aesthetic dentistry. It also houses a laboratory for dental technology and a practice for general medicine which includes the services of an internist and a cardiologist. Teams of physiotherapists and nutritionists complete the Haus Julius concept. The doctors work in close cooperation with the country’s most renowned practices and clinics guaranteeing the recipients of Brenners Medical Care comprehensive preventative check-ups and attentive aftercare in line with the latest procedures. This is supplemented by a Medical Care Host at your disposal for the entire duration of your stay.

It seems only natural for Haus Julius, the latest extension to the Brenners complex and a building directly connected to the Villa Stéphanie, to rekindle its tradition of being a former doctors’ surgery — in the 1920s, a number of medical professionals had their practices in this impressive corner house. And prior to this, from 1863 to 1913, it was the residence of the long-serving head of the town’s hospital, medical officer Dr Julius Baumgärtner.
“VILLA STEPHANIE” – Europe’s finest destination spa

A new, integral healthcare concept with a holistic approach, where the focus is set on beauty, wellbeing and medical care.

With 6700 square metres of interior space, the Villa Stéphanie and Haus Julius combine customised programmes with long-term expertise to provide the epitome of individually tailored care in all specialised areas: beauty services, nutrition, detox, emotional balance and medical care.
Brenners Spa: beauty rituals and medical therapies of the highest standard.

- Luxury treatment suites with private terrace
- Exclusive styling lounge
- Unique signature treatments
- Private gym for individual training and therapies
- Exercise pool for rehabilitation measures
- 3 private spas in the suites for “in-room therapy”
- Wide variety of medical therapies such as physiotherapy, MTT and rehabilitation
- Personal training and personal physio
- QPNT nutrition coaching
- Weight loss- and detox-programmes
- Performance diagnostics (body analysis, lactate and foot pressure measurements)
- Non-surgical therapies and forms of training
- Qualified specialists such as physiotherapists, medically-trained masseurs, beauticians, sports scientists and experts in the field of healthy nutrition
INDIVIDUAL PHYSIOTHERAPY IN THE LUXURIOUS AMBIENCE OF HAUS JULIUS

With over 200 square metres of interior space, the Brenners Physio Spa offers a wide range of therapies covering the fields of physiotherapy and manual training therapy.

Close collaboration with the Brenners Medical Care partners guarantees individual care on 365 days of the year in one of Europe’s finest practices.

If you prefer, our Physio Spa experts will be happy to attend to you in the private atmosphere of your room or suite.
Physiotherapy, traditional and Bobath/Vojta methods
Respiratory therapy
Exercising pool
Manual therapy
Equipment-based physiotherapy
Manual lymph drainage
Underwater massaging
Craniosacral therapy
Heat therapies (hot roll, IR)
Fango packs
Organic moor peat packs
Sling table
Foot reflexology massage
Medical massage
Ultrasound treatment
Iontophoresis
Galvanic bath
Group therapy (physiotherapy using apparatus, pre-natal and post-natal physiotherapy, spine musculature training, …)

Osteopathy (on request)
HOLISTIC MEDICINE – COMPREHENSIVE, PERSONAL HEALTH CARE

The German destination for holistic medicine
A complete spectrum of traditional and modern diagnostic techniques. We create personalised therapies for you based on naturopathic medicine in association with the finest clinics and Germany’s best and most highly qualified specialists.
“Empowering people to live a long and healthy life!”

- Evaluations, diagnostic techniques, and care of a specific, personalised, holistic, physical and mental nature
- Prevention planning following holistic criteria
- Detoxification
- Regenerative treatments
- Orthomolecular therapy (vital substances therapy)
- Organ cell therapy developed by Dr. König (modified fresh cell therapy)
- Biological therapy for malignant diseases
- Holistic therapies for degenerative joint and spinal diseases
AESTHETIC DENTISTRY – COMPREHENSIVE DENTAL DIAGNOSIS, TREATMENT AND CARE
DR. MED. DENT. S. MARCUS BESCHNIDT

Private dental practice
Specialist in prosthetics (DGPro)
Field of expertise: implantology (DGI / BDIZ)
Active member of the European Academy of Esthetic Dentistry (EAED)

Modern facilities in exclusive surrounds.

- Diagnosis and treatment planning, also for complex, interdisciplinary treatment cases
- Dental hygiene
- Children’s dental care
- Aesthetic dentistry (pressable ceramics)
- Prosthetics
- Periodontics
- Endodontics
- Implantology (incl. 3D CBCT & navigation)
- Plastic periodontal surgery
- Micro surgery
SPECIALIST OPHTHALMOLOGY – THE HEALTH OF YOUR EYES IS OUR MAIN FOCUS
PROFESSOR FRANK FAUDE & COLLEAGUES
Covering the spectrum of non-operative and operative ophthalmology

- Cataract surgery including the spectrum of premium lenses (multi-focal, toric and phakic intraocular lenses)
- Age-related macular degeneration with intravitreal, ocular drug delivery (medications with anti-VEGF effects)
- Vascular retinopathies including vitrectomy laser treatment and intravitreal, ocular drug delivery
- Macular diseases such as epiretinal gliosis, vitreoretinal traction syndrome and macular hole (vitreoretinal surgery with macular peeling)
- 23-gauge vitrectomy (minimally invasive vitreal surgery)
- Refractive surgery (in cooperation with the Lasik centre of Professor Knorz)
- Glaucoma treatment
- Lid surgery including dermatochalasis
- Retinal detachment surgery (with gas and silicone oil tamponades)
- Uveitis including intravitreal ocular drug delivery
- Strabology and neuro-ophthalmology
GENTLE REGULATION USING THE POTENCY OF PLANTS IN LINE WITH THE HIGHEST STANDARDS OF SPECIALIST GYNAECOLOGICAL ASSESSMENT
DR. MED. PETRA DEHM
Specialist in gynaecology and midwifery
Naturopathic treatment

Therapies with yam-derived, nature-identical hormones for hormonal problems (regarding, for instance, menopausal complaints, mood swings, vitality deficiencies, premenstrual syndrome and fertility treatment)

Phytotherapy (herbal therapies)
Acupuncture
Homoeopathy
Naturopathic therapies for chronic infections in the field of gynaecology
IAS PREVENT COMFORT
THE HEALTH CHECK-UP IN
RELAXED SURROUNDINGS
DR. MED. MANFRED JAESCHKE
DR. MED. REINHOLD BUSCH
Specialists in internal medicine,
cardiology and sports medicine
balneology and emergency medicine

Specialists in Germany for preventive medicine for 30 years.
The PREVENT health check-up:
modern medical diagnostic practices,
maximum care, maximum comfort.

- “Narrative-based medicine” coupled with the latest medical diagnostic practices
- Complete internal and cardiological diagnostic techniques including ultrasound
- Exertion tests including sports-medical performance tests
- Comprehensive laboratory analysis
- Creation of individual health concepts
BEAUTY IS AN OVERALL CONCEPT
WITHIN THE FOCUS OF OUR PHILOSOPHY

The Artist of Beautification
Major effects will be achieved through minimal intervention. We create a visual balance in the face thus generating more expression, freshness, vitality, individual beauty and youthfulness. Our aim: “beauty in perfect balance”

- Botox treatments such as:
  - frown lines, forehead wrinkles and crow’s feet

- Hyaluronan treatments such as:
  - dark rings under the eyes, nose corrections with no operation, cheek augmentation, lip augmentation and full-face contouring

- Skin rejuvenation such as:
  - mesotherapy, CO2 fractional laser, carbon laser, radio frequency therapy and PRP “Vampire Lift”
<table>
<thead>
<tr>
<th><strong>PHYSIO SPA</strong></th>
<th><strong>SPECIALIST HOLISTIC CARE</strong></th>
<th><strong>PRIVATE DENTAL PRACTICE</strong></th>
<th><strong>SPECIALIST OPHTHALMOLOGY</strong></th>
<th><strong>SPECIALIST GYNAECOLOGY</strong></th>
<th><strong>PREVENT® HEALTH CHECK-UP</strong></th>
<th><strong>INSTITUTE FOR AESTHETIC</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>DENTAL LABORATORY</strong></td>
<td><strong>DERMATOLOGY</strong></td>
<td><strong>GASTRO-ENTEROLOGY</strong></td>
<td><strong>ENT</strong></td>
<td><strong>ORTHODONTICS</strong></td>
<td><strong>CLINIC FOR INTERNAL MEDICINE</strong></td>
<td></td>
</tr>
<tr>
<td><strong>CLINIC FOR CARDIAC SURGERY</strong></td>
<td><strong>CLINIC FOR ORTHOPAEDICS</strong></td>
<td><strong>NEUROLOGY</strong></td>
<td><strong>PAEDIATRICS</strong></td>
<td></td>
<td><strong>PLASTIC SURGERY</strong></td>
<td><strong>RADIOLOGY</strong></td>
</tr>
</tbody>
</table>